

Dense Breast Notification Patient Letter

[Facility letterhead]

Date

Address

Dear [patient name],

We'd like to thank you for choosing [facility name] for your breast care. We are committed to your good health and the early detection of breast cancer. We'd like to inform you that although your last mammogram was normal, we also identified that **you have dense breasts**. This letter will inform you about dense breasts and additional breast imaging you might consider.

It is estimated that 40% of women in the United States have dense breasts. Having dense breasts is normal. Breasts are considered dense if they contain over 50% more tissue instead of fat. Tissue appears white on a mammogram and the whiteness can also hide cancer, because cancer also looks white on a mammogram.

We have a specific imaging exam designed for dense breasts called ABUS (automated breast ultrasound). ABUS does not use radiation and it is a comfortable exam where you lay on your back and the scanner takes images of all your breast tissue. With ABUS, breast tissue appears white and cancer appears black on the ultrasound image, which can improve cancer detection in dense tissue. The enclosed brochure will provide you more details about the exam which takes about 15 minutes. The exam is usually covered by insurance, but it may involve your standard copay and deductible.

For more information about ABUS and breast density, please contact us at XXX-XXX-XXXX. To receive an order for an ABUS exam, please contact the physician office that ordered your mammogram.

Thank you for being our patient and we are pleased to provide you this information so that you can make informed choices about your breast care.

Best regards,

[Facility signature]